



National Training and Development Curriculum

FOR FOSTER AND ADOPTIVE PARENTS

CLASSROOM-BASED TRAINING THEMES

FOUNDATIONAL CLASSES: 12 HOURS TOTAL

Introduction and Welcome: 1.5 hours

Child Development: 1.5 hours

Attachment: 2 hours

Separation, Grief, and Loss: 2 hours

Trauma-Related Behaviors: 2 hours

Trauma-Informed Parenting: 2 hours

Effective Communication: 1 hour

EXPANDING FAMILIES: 7.5 HOURS TOTAL

Reunification: The Primary Permanency Planning Goal: 1.5 hours

Foster Care: A Means to Support Families: 1.5 hours

Preparing for and Managing Intrusive Questions: 1 hour

Maintaining Children's Connections: 1 hour

Cultural Humility: 1 hour

Parenting in Racially and Culturally Diverse Families: 1.5 hours

SPECIALIZED CARE CONSIDERATIONS: 4 HOURS TOTAL

Mental Health Considerations: 1 hour

Impact of Substance Use: 1.5 hours

Parenting a Child with a History of Sexual Trauma: 1.5 hours

POWER IN PRACTICALITIES: 2 HOURS TOTAL

Creating a Stable, Nurturing, Safe Home Environment: 2 hours

ONLINE THEMES: 2 HOURS TOTAL

Expanding Your Parenting Paradigm: 1 hour

Overview of the Child Welfare System: 1 hour

KINSHIP: 3.5 HOURS TOTAL

Kinship Parenting: 2 hours

Building Resilience for Kinship Caregivers: 1.5 hours

INTERCOUNTRY AND/OR PRIVATE DOMESTIC ADOPTION: 2.5 HOURS TOTAL

Connections with Birth Families after Adoption: 1.5 hours

Intercountry Adoption Overview: 1 hour